

Adams Chiropractic Offices and Neurology Group

now in its 40th year of Health Care Services in the Sonoma Valley
has introduced ...

“Spine Force™/Interactive Technology”

to support the wide range of diagnostic
and treatment options available today.

Spine Force is the first combination of technology and exercise physiology designed to target and tone the 180 intrinsic stabilizer support muscles which reinforce the spinal structure, balance and overall stability and to retrain their specialized nerve pathways in an effort to reduce the onset of debilitating structural conditions that affect 80% to 90% of Americans.

This ‘State of the Art’ automated technology is specifically designed to be utilized in the primary areas of:



- maximize chiropractic adjustments
- helps and prevents spinal dysfunction – the primary cause for acute and chronic neck and back pain
- serves as anti-aging tool (a preventative method for osteoporosis and osteoarthritis in seniors)
- minimizes imbalance, slips and falls
- optimizes athletic performance while reducing sports injuries
- improves posture and coordination
- tones, firms and slims
- supports cardiopulmonary systems
- Spine Force Technology provides rehabilitation
- exercises and therapy tailored to individual needs



Adams Chiropractic Neurology Doctors and Staff invite those interested to explore and experience this unique technology and discover how you can benefit.

If you are interested in seeing this technology in action,
please contact us by phone at 707-996-4535,
or at our office, located at
101 Andrieux Street, Sonoma, CA 95476.
Web Site: adamschiropractic.com